Please refer to the actual color, attachment or relevant datas of this product.
Thanks for purchasing this product. Please read this manual instruction carefully in order to know how to use this product correctly. Please pay close attention to safety warning section and keep this manual for future use.

Note: Our Company reserves the right to revise the design and description of this product without any further notice. Please refer to the actual color of this product.

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Important Safety Warnings

- To prevent injuries, children and/or pets should not play around the chair when it is in operation.
- Users must stop and turn the power off immediately if they feel ill.
- If you feel that the chair is functioning abnormally, turn off the power switch and unplug the power cord. Call our tech support department immediately. DO NOT attempt to disassemble or repair the chair.
- Keep all body parts away from the internal mechanisms.
- STOP using the chair and UNPLUG the power cord if any part of the fabric cover is torn or worn-out causing exposure of the mechanisms. Please contact tech support immediately.
- Users with recently chemo treated hair or those using any topical hair products should place a towel between the hair and the upholstery in order to protect the material.
- It is not recommended that those under the age of 16 use the chair.
- People weigh over 300 pounds using the chair will void the warranty.
- Do not use the chair if the back pad is flipped over exposing the rollers.
- Please use well-grounding power supply suited to this product.
- Please unplug after using or before cleaning to avoid injury or damage.
- Please operate this product according to this manual instruction.
- Do not use accessories which are not recommended.
- Do not use this product outdoors.
- Please read this manual instruction carefully before operation.
- 20 minutes of usage each time is recommended.
- Please do not fall asleep while using this product.
- Please do not use it if drunk or feel unwell.
- Please do not use it within one hour after having meal.
- Please do not make the massage function too strong for avoiding injury.

Environmental Usage

- Please do not use the chair under high temperatures or in moist environments.
- Please do not use the chair in transition between hot and cold environments. Let it return to room temperature for at least an hour first.
- Please do not use the chair in a dusty environment.
- Please do not use the chair where there is not enough space for use or where there is poor ventilation.

People who are not suitable to use this product

- Persons with any other medical conditions in addition to those specified below need to consult their physician prior to use:
  - Osteoporosis
  - Heart Disease
  - Electronic medical equipment such as a heart pacemaker
  - Fever
  - Pregnancy or women in menses
  - Skin injuries or skin disease
  - Mental disease
  - Heat sensitivity
  - Irregular curvature of the spine or other spine abnormalities
  - Malignant tumors
  - Additional Safety Information:
    - Do not use the chair if you are wet
    - The appliance has a heated surface. Persons insensitive to heat must be careful when using the appliance.

Safety

- Check the voltage if it is suitable to the specification of this product.
- Do not use wet hand to pull the plug.
- Do not make water go inside this product to avoid electric shock or cause damage to this product.
- Do not damage the wires or change the circuit of this product.
- Do not use wet cloth to clean the electric parts such as switch and plug.
- Be away from this product under power cut state to avoid injury if the power comeback suddenly.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.
- If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.

Maintenance

- Damage caused by the user attempting to disassemble the chair or replacing spare parts themselves will void the warranty.
- This product should be maintained by certain appointed agents, DO NOT attempt to disassemble or repair the chair yourselves.
- Please do not forget to cut the power after usage.
- Do not use this product if the socket loosen.
- If this product will be left unused for long, please curl up the wires and reserve this product in dry and dustless environment.
- Do not reserve this product under high temperature or near fire and avoid longtime direct sunshine.
- If the detachable cord / supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a Hazard.
- Please clean this product by dry cloth. Do not use thinner, benzene or alcohol.
- The mechanical components of this product are specially designed and made, it is not necessary to be specially maintained.
- Do not use edged res to thrust this product.
- Do not roll or pull this product above uneven ground, it should be lifted before moving.
- Please use it intermittently, do not make this product work continuously for long.

Solution of ordinary malfunctions

- Solution of ordinary malfunctions: Solution of ordinary malfunctions
- It is nature movement voice if the motor sounds while in usage.
- If the controller cannot work normally, please check the plug and socket if they are connected strongly and make sure the switch is turned on.
- If the rated working time is over, the product will automatically activate the power-off button; if this product works continuously for long, the temperature protector will make the product automatically power-off, wait at least half an hour to restart the chair.
**Name and function of components**

1. Pillow Pad
2. Upper Arm Air Bag Assembly
3. Shortcut keys
4. Arm Air Bag Assembly
5. Seat Cushion
6. Calf Massage Assembly
7. Foot Massage Assembly
8. Back Cushion
9. Armrest
10. Earphone jack
11. Controller Pocket
12. Armrest decoration
13. Back Cover
14. Controller
15. Driving Box Cover
16. Safety switch
17. Caster Wheels
18. Power Cord and Plug
19. Power socket
20. Fuse Box
21. Power Switch
22. Controller Cord Socket

**Functions**

- This product is designed with a set of muted and smart 3D mechanical hands, which can move up and down, stretching back and forth.
- The shoulder part is designed with automatic detection and micro adjustment function; body curve and massage points automatic detection, it can automatically adjust the distance of massage hands' moving back and forth according to the detected body curve and massage points, to make the massage more humanistic and scientific.
- Set with comfort, fatigue recovery, ache relieve, fast experience, relax, stress relieve, waist stretch, whole body air massage and so on.
- Set with two kinds of memory massage functions M1 and M2.
- Manually select the upper body massage; three massage position options of overall, partial and fixed position; six massage methods of shoulder grasping, kneading, tapping, shiatsu, kneading & tapping and 3D; five massage speed levels available; under tapping and shiatsu massage status, the width of the massage hands can be adjusted in five levels.
- Arm air massage function (built-in 8 air bags), upper arm air massage function (built-in 4 air bags), with 3 intensity adjustments.
- Lower body air pressure massage function: back air pressure massage function (built-in 4 airbags), buttock air pressure massage (built-in 5 airbags), calf rest air pressure massage function (built-in 36 airbags), with 3 intensity adjustments.
- On upper arm has two grades width adjustment function When you adjust to the last grade, to push into the arm about a gear distance then lose your hand and arm device will automatically reset, and so on in order to adapt to the different shoulder breadth of users.
- Back heating function, use carbon fiber as infrared heating source.
- Equipped with shortcut keys on right armrest, including legs go up and down, backrest up and down
- The footrest can be extended to suit various heights.
- With slide rail structure on backrest, make a zero-space design to maximally save place.
- Calf rest lifting, backrest lifting and auto lying models adjustment.
- Intelligent terminal (cell phone or tablet PC) control the massage chair by blue tooth.
- Music play system, connect with blue tooth of the smart device (cell phone or iPad) to play music, and there is a voice socket on the left armrest.
- Auto massage program download.
1. Magnet therapy function

- Place 8 natural energy magnet in calf airbags.
- By the national infrared and industrial electric products quality supervision and inspection center verification, the surface of the magnetic intensity is 73mT, according with the best protection strength of national standard 40-110mT.
- Magnet therapy can lower cholesterol, eliminate free radicals accumulation in the body, enhance human immunity, and other functions.

2. Music play

- Voice socket set on the left armrest, connect it by earphone, you can enjoy the music when you were relaxing you body.

WARNING

With safety switch in the power source box, if any heavy weights on the box cover, the backrest lay down function will be stopped, avoiding accident crush injuries when the backrest down.

NOTE: This is for reference only.
**Switch the main power supply on**

Diagram of plug in

Diagram of the switch position of power supply

---

**To Start a Massage**

- Press the red power button to start the massage, the massage chair will automatically recline down.
- Press certain auto massage button, the massage hands proceed auto detection of your shoulder and body scan, the calf rest roller begin to work at the same time (choose the auto program of “rapid massage” to start the massage program immediately, shoulder detection only to save half the time), if you made no choice of the auto massage program after 20 minutes, the massage chair will automatically switch off.
- Upon completion of scan, a beeping sound will begin emitting from the controller and the massage heads will gently roll on your shoulder region to demonstrate where the chair has sensed the position of your shoulders. During this period, if you would like to further adjust the detected shoulder region, you can do so by depressing the up or down shoulder position buttons seen below, it has 11 grades. If you have not made any adjustments to the shoulder position or selected a manual massage mode during the time after scanning, the chair will automatically start the "Fine" massage program for you.

### Buttons Description

<table>
<thead>
<tr>
<th>Buttons</th>
<th>Description</th>
<th>On Display</th>
</tr>
</thead>
<tbody>
<tr>
<td>Press to adjust the massage heads higher.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Press to adjust the massage heads lower.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

**Characterization of automatic massage**

<table>
<thead>
<tr>
<th>Buttons</th>
<th>Description</th>
<th>On Display</th>
</tr>
</thead>
<tbody>
<tr>
<td>DEMO</td>
<td>Fast experience all the massage function</td>
<td>F0 Auto</td>
</tr>
<tr>
<td>COMFORT</td>
<td>Relax muscles and bones</td>
<td>F1 Auto</td>
</tr>
<tr>
<td>ACHE</td>
<td>Improve body fatigue state, recover body activity</td>
<td>F2 Auto</td>
</tr>
<tr>
<td>RELIEVE</td>
<td>Depth massage on acupressure point, relax ache area</td>
<td>F3 Auto</td>
</tr>
<tr>
<td>FATIGUE</td>
<td>Waist, buttocks, arms, legs air bag work at same time, relax the whole body</td>
<td>F5 Auto</td>
</tr>
<tr>
<td>RECOVERY</td>
<td>When the calf air bag work and squeeze calf part, the backrest lay down and calf rest pull down to stretch the waist part, then return to original position and repeat above actions, relieve waist fatigue and bounce back</td>
<td>F6 Auto</td>
</tr>
<tr>
<td>FULL AIR</td>
<td>Relieve fatigue, relax the body, promote blood circulation</td>
<td>F7 Auto</td>
</tr>
<tr>
<td>PROMOTION</td>
<td>Promote blood circulation</td>
<td>F8 Auto</td>
</tr>
</tbody>
</table>

---

**APP program auto calling**

<table>
<thead>
<tr>
<th>Buttons</th>
<th>Description</th>
<th>On Display</th>
</tr>
</thead>
<tbody>
<tr>
<td>SELECT</td>
<td>APP Automatic function selection: 3 auto modes</td>
<td>A1~A3</td>
</tr>
<tr>
<td>OK</td>
<td>Confirm selection: If the current APP mode is invalid, press confirm button, the horn remind invalid.</td>
<td>A1~A3 Auto</td>
</tr>
</tbody>
</table>
• Upper body manual operation, lower body manual operation

Upper body manual operation

<table>
<thead>
<tr>
<th>Buttons</th>
<th>Description</th>
<th>On Display</th>
</tr>
</thead>
<tbody>
<tr>
<td>SHOULDER GRASP</td>
<td>Shoulder grasp: auto turn to shoulder grasp massage, speed and intensity adjustable</td>
<td>![icon]</td>
</tr>
<tr>
<td>KNEAD</td>
<td>Kneading: speed and intensity adjustable</td>
<td>![icon]</td>
</tr>
<tr>
<td>TAP</td>
<td>Tapping: subdivide into two massage modes, speed, width, intensity adjustable</td>
<td>![icon]</td>
</tr>
<tr>
<td>KNEAD TAP</td>
<td>Kneading &amp; tapping: speed and intensity adjustable</td>
<td>![icon]</td>
</tr>
<tr>
<td>SHIATSU</td>
<td>Shiatsu: subdivide into two massage modes, speed, width, intensity adjustable</td>
<td>![icon]</td>
</tr>
<tr>
<td>3D</td>
<td>3D: subdivide into four massage modes, speed, intensity adjustable</td>
<td>![icon]</td>
</tr>
<tr>
<td>SPEED</td>
<td>Speed: 5 grades adjustable</td>
<td>![icon]</td>
</tr>
<tr>
<td>WIDTH</td>
<td>Width: 5 grades adjustable</td>
<td>![icon]</td>
</tr>
<tr>
<td>BACK STRETCH</td>
<td>Fixed position massage</td>
<td>![icon]</td>
</tr>
<tr>
<td></td>
<td>Back and forth massage on partial position</td>
<td>![icon]</td>
</tr>
<tr>
<td></td>
<td>Back and forth massage on upper body</td>
<td>![icon]</td>
</tr>
<tr>
<td></td>
<td>Back and forth massage on upper back</td>
<td>![icon]</td>
</tr>
<tr>
<td></td>
<td>Back and forth massage on lower back</td>
<td>![icon]</td>
</tr>
<tr>
<td>LOWER ADJUST</td>
<td>Under fixed or partial position massage mode, massage hands can move downward</td>
<td>![icon]</td>
</tr>
<tr>
<td>UPPER ADJUST</td>
<td>Above fixed or partial position massage mode, massage hands can move downward</td>
<td>![icon]</td>
</tr>
</tbody>
</table>

Note: back stretch H2, H3 can only display in App.

• Air compression massage functions

<table>
<thead>
<tr>
<th>Buttons</th>
<th>Description</th>
<th>On Display</th>
</tr>
</thead>
<tbody>
<tr>
<td>LOWER BODY</td>
<td>Lower body air compression function (total 3 modes: lower body, back and waist, calf)</td>
<td>![icon]</td>
</tr>
<tr>
<td>INTENSITY</td>
<td>Lower body, back and waist, calves air compression intensity adjustable, 3 grades adjustable</td>
<td>![icon]</td>
</tr>
<tr>
<td>ARTHROSIS</td>
<td>Under lower body air compression mode or calf air compression modes, switch on/off calf rest stretch function</td>
<td>![icon]</td>
</tr>
<tr>
<td>ARM AIR PRESSURE</td>
<td>Arm air compression massage on/off and intensity adjustment, 3 grades adjustable</td>
<td>![icon]</td>
</tr>
</tbody>
</table>

• Other functions

<table>
<thead>
<tr>
<th>Buttons</th>
<th>Description</th>
<th>On Display</th>
</tr>
</thead>
<tbody>
<tr>
<td>INTENSITY</td>
<td>Back massage intensity weakened: massage hands move to any position, can weaken the current intensity</td>
<td>![icon]</td>
</tr>
<tr>
<td>INTENSITY</td>
<td>Back massage intensity strengthened: massage hands move to any position, can strength the current intensity</td>
<td>![icon]</td>
</tr>
<tr>
<td>SOLE ROLLER</td>
<td>Foot roller switch on/off and speed adjustment, 3 grades adjustable</td>
<td>![icon]</td>
</tr>
<tr>
<td>HEATER</td>
<td>Back far infrared heating therapy, feel warm after 3 minutes</td>
<td>![icon]</td>
</tr>
</tbody>
</table>

• Massage Time Adjustment

<table>
<thead>
<tr>
<th>Buttons</th>
<th>Description</th>
<th>On Display</th>
</tr>
</thead>
<tbody>
<tr>
<td>TIME</td>
<td>The default time for massage is 20 minutes, max work time is 40 minutes. Press the time button to add in 5 minute increments. You can set the time range anywhere from 5 minutes to 40 minutes.</td>
<td>![icon]</td>
</tr>
</tbody>
</table>
• The angle of backrest and calf rest

<table>
<thead>
<tr>
<th>Buttons</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Auto lay down mode: with 3 auto lay down mode, when press the button, turn into one mode, follow by cycle.</td>
</tr>
<tr>
<td></td>
<td>Calf rest lifting button: press this button, calf rest lifting slowly, stop when release it.</td>
</tr>
<tr>
<td></td>
<td>Calf rest decline button: press this button, calf rest decline slowly, stop when release it.</td>
</tr>
<tr>
<td></td>
<td>Backrest lifting button: press this button, back rest lifting slowly, stop when release it.</td>
</tr>
<tr>
<td></td>
<td>Backrest decline button: press this button, back rest decline slowly, stop when release it.</td>
</tr>
</tbody>
</table>

• Shortcut keys

<table>
<thead>
<tr>
<th>Buttons</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Switch: press this button, turn on/off all the massage function</td>
</tr>
<tr>
<td></td>
<td>Calf rest lifting button: press this button, calf rest lifting slowly, stop when release it.</td>
</tr>
<tr>
<td></td>
<td>Calf rest decline button: press this button, calf rest decline slowly, stop when release it.</td>
</tr>
<tr>
<td></td>
<td>Backrest lifting button: press this button, back rest lifting slowly, stop when release it.</td>
</tr>
<tr>
<td></td>
<td>Backrest decline button: press this button, back rest decline slowly, stop when release it.</td>
</tr>
</tbody>
</table>

**Shut off power and finish massage**

• Press power button during massage to stop all massage functions immediately or one setting massage program finished, backrest and footrest won't return to original position, and the remote controller display 矾SA矾 & Memory 矾 twinkle.

A. Press M1 or M2 button within 10 seconds to store the massage mode.
B. Or press the power button Within 10 seconds, the massage hands, backrest and footrest will return to original position automatically.
C. Or waiting for 10 seconds, the massage hands return to original position, but backrest and footrest won't return to original position.

![Diagram of the switch position of power supply](image-url)
iPhone or Android tablet system operate massage chair

- Application program interface

1. function keys
2. massage status information display area
3. upper body intensity adjustment
4. massage button
5. long press for 2 seconds to exit program
6. minimize program
7. status-bar
8. Service
9. operation/pause key
10. function setting function
11. information prompt line

Preparation before operation

1) Installation program download and install
   - Installation program supplied by agent or download from the network provided by agent.

- USB connect the tablet and computer, install the program in the tablet through the software tools (such as Peasecod, 360 mobile phone assistant). After installation successfully, the program icon will be shown in tablet application program. Any questions, please consult the tablet supplier when installing the program.

2) Blue tooth link
   - Turn on the chair power switch.
   - Open the applicant menu in the tablet main screen, choose setting to open the setting interface.
   - Operate blue tooth function? choose blue tooth setting? click and check attachment equipment, when find 'Fihonest' icon, click it to match tablet blue tooth with massage chair blue tooth (matching code: 0000). When match successfully, click 'Fihonest' again to connect tablet computer blue tooth with massage chair blue tooth, when connect successfully, application program can be used to operate massage chair.

3) Blue tooth module abnormal problems and solutions
   - After the blue tooth paired succeed, if it cannot connect well with the blue tooth of massage chair, please try to cancel the blue tooth pairing, turn off the power of massage chair, and restart it, then re-connect as above.
   - The blue tooth show connect succeed, but in to the application program, cannot control the massage chair well, or the information tips showed blue tooth connect failed, it shows abnormal in blue tooth module, you should exit the APP and connect the blue tooth module again, or turn off the power of massage chair, and restart it, then re-connect as above.

Switch on the machine

- Make sure the massage chair power switch is off, connect the power cord with the massage chair, plug it into the good ground connection socket, turn the power switch on, the massage chair into start up states.
Massage chair

Method of usage

Massage function control operation

1. To start a massage
   • In pad screen, unfold the APP listing, click “ ” to start up the massage chair control program.
   • First into startup interface after you start up the program, after 5 seconds into massage information interface.
   • Click “power on/off” on the display interface to start massage function, massage chair lay down automatically.

2. Shoulder position adjustment
   • Automatically detecting shoulder position and acupressure points, please wait till detection finished.
   • It sounds "di-di-di....." after finished the detection and into shoulder position adjust interface. Now, you can adjust the shoulder position by pressing up or down button, it has 11 grades available. If you have not made any adjustments to the shoulder position or selected a manual massage mode within 10 seconds after scanning, the chair will automatically start the "Fine" massage program for you.

3. Massage function running and pausing
   • In massage information interface, when the massage chair in running state, press “running /pausing” button, all the massage function will stop, and into pausing state; in pausing state, press “running /pausing” button, the massage function will continue to running as paused before. All the massage function turn off automatically if the pausing time over 10 minutes.

4. Upper body massage intensity
   • In running state, you can adjust the massage hands’ intensity on the back of upper body by click the intensity adjust icon in the massage information interface, 5 grades available.

- Press this button the massage function continue to running as be paused before.
- Press this button, pause all the massage function.

<table>
<thead>
<tr>
<th>Shoulder position adjust button</th>
<th>Function description</th>
<th>Strength: 5 grades adjustable</th>
</tr>
</thead>
<tbody>
<tr>
<td>↑</td>
<td>Press to adjust the massage heads higher</td>
<td>1</td>
</tr>
<tr>
<td>↓</td>
<td>Press to adjust the massage heads lower</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3</td>
</tr>
<tr>
<td></td>
<td></td>
<td>4</td>
</tr>
<tr>
<td></td>
<td></td>
<td>5</td>
</tr>
</tbody>
</table>
5. Auto massage

- Click “** AUTO M**” , popup massage function selecting menu, choose what you need.
- Click “** MAN M**” , into function selecting interface, click auto icon choose auto massage mode. In auto massage state, the speed and width are nonadjustable.

![Auto massage function selecting interface](image)

<table>
<thead>
<tr>
<th>Button</th>
<th>Function Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image" alt="Relax" /></td>
<td>Relax muscles and bones</td>
</tr>
<tr>
<td><img src="image" alt="Promote" /></td>
<td>Promote blood circulation</td>
</tr>
<tr>
<td><img src="image" alt="Depth" /></td>
<td>Depth massage on acupressure point, relax ache area</td>
</tr>
<tr>
<td><img src="image" alt="Neck and shoulder" /></td>
<td>Neck and shoulder, waist, buttocks, arms, legs air bag work at same time, relax the whole body</td>
</tr>
<tr>
<td><img src="image" alt="Improve" /></td>
<td>Improve body fatigue state, recover body activity</td>
</tr>
<tr>
<td><img src="image" alt="When" /></td>
<td>When the calf rest air bag work and squeeze calf part, the backrest lay down and calf rest pulls down to stretch the waist part, then return to original position and repeat above actions. Meantime the seat air bag and massage hands work together.</td>
</tr>
<tr>
<td><img src="image" alt="Back" /></td>
<td>Back to running state information interface</td>
</tr>
</tbody>
</table>

6. Manual massage

- Click “** MAN M**” into manual massage function selecting interface, select manual massage methods, back stretch mode, speed, width function. In flapping, 3D, shiatsu, stop state, the width of massage hands is adjustable. Except the stop state, the speed is adjustable in any other massage methods.

1) Manual massage - methods, speed, width

- In the interface of manual function selecting, click the “** MAN M**” into massage technique selection, speed, width adjustment interface, click the corresponded technique icon, speed icon, width icon, choose the personalized massage function.

![Auto massage function selecting-technique interface](image)

<table>
<thead>
<tr>
<th>Technique buttons</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image" alt="Shoulder grasp" /></td>
<td>Shoulder grasp: auto turn to shoulder grasp massage, speed and intensity adjustable</td>
</tr>
<tr>
<td><img src="image" alt="Kneading" /></td>
<td>Kneading: speed and intensity adjustable</td>
</tr>
<tr>
<td><img src="image" alt="Tapping" /></td>
<td>Tapping: subdivide into two massage modes, speed, width, intensity adjustable</td>
</tr>
<tr>
<td><img src="image" alt="Kneading &amp; tapping" /></td>
<td>Kneading &amp; tapping: speed and intensity adjustable</td>
</tr>
<tr>
<td><img src="image" alt="Shiatsu" /></td>
<td>Shiatsu: subdivide into two massage modes, speed, width, intensity adjustable</td>
</tr>
<tr>
<td><img src="image" alt="3D" /></td>
<td>3D: subdivide into four massage modes, speed, intensity adjustable</td>
</tr>
<tr>
<td><img src="image" alt="Return" /></td>
<td>Return to the running state information interface</td>
</tr>
</tbody>
</table>
2) Manual massage-stretch mode
   - In manual function selecting interface, click “ ” into stretch mode interface, click the corresponding stretch mode icon choose your personalized massage function.

   ![Manual massage function select-stretch mode]

   **Note**
   At the shoulder grasping mode, stretching mode selection is invalid.

<table>
<thead>
<tr>
<th>Stretch Mode</th>
<th>Function Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Whole back</td>
<td>Massage up and down on whole back</td>
</tr>
<tr>
<td>Upper back</td>
<td>Massage up and down on upper back</td>
</tr>
<tr>
<td>Lower back</td>
<td>Massage up and down on lower back</td>
</tr>
<tr>
<td>Partial</td>
<td>Back partial massage up and down in a small area</td>
</tr>
<tr>
<td>Fixed point</td>
<td>Massage on fixed point</td>
</tr>
</tbody>
</table>

7) Air compression massage
   - Click “ ” into the air compression massage function selecting interface, click the corresponding air compression massage function icon. It include lower body air compression massage (lower body, waist, buttocks) and arms air compression massage.

   ![Air compression massage-arms interface]

   **1) Air compression massage-arms**

   ![Air compression function
   Description]

<table>
<thead>
<tr>
<th>Air compression function</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arms</td>
<td>Switch on or off the arms air compression massage function</td>
</tr>
</tbody>
</table>

   ![Lower body, waist, buttocks, legs stretch interface]

   **2) Air compression massage- lower body, waist, buttocks, legs stretch**

   ![Air compression function
   Description]

<table>
<thead>
<tr>
<th>Air compression function</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>LOWER BODY</td>
<td>Switch on or off lower body air compression massage function. Lower body air compression including waist, buttocks and foot part.</td>
</tr>
<tr>
<td>WAIST, BUTTOCKS</td>
<td>Switch on or off waist, buttocks air compression massage function.</td>
</tr>
<tr>
<td>FOOT PART</td>
<td>Switch on or off foot part air compression massage function.</td>
</tr>
<tr>
<td>LEGS STRETCH</td>
<td>Switch on or off legs stretch function. When you switch on lower body air compression or foot part air compression massage function, the default startup function is legs stretch.</td>
</tr>
</tbody>
</table>
8. Other massage function

1) Other massage function - thermal therapy function
   - Press “ ” button to enter massage function interface, press “ ” button to start or stop backrest infrared heating function

<table>
<thead>
<tr>
<th>Buttons</th>
<th>Function Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thermal therapy Function</td>
<td>Switch on or off thermal therapy massage function.</td>
</tr>
</tbody>
</table>

Notes:
You will have warm sensation 3 minutes after when you switch on.

2) Other massage function - sole roller
   - Click “ ” into the other massage function interface, click “ ” to switch on or off this function. When the sole roller massage function in startup state, click sole roller speed icon, you can adjust the speed of the roller, with 3 grades optional.

![Sole roller massage interface]

<table>
<thead>
<tr>
<th>Buttons</th>
<th>Function Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>SOLE ROLLER</td>
<td>Switch on/off roller on sole massage function</td>
</tr>
</tbody>
</table>

3) Other function massage - Updated program working
   - Open application menu “ ”, choose “service” into auto-massage program update interface.
   - App auto-function choice, with “ ” APP auto modes.
   - Confirm your choice, the speaker will alarm if the selected APP is invalid.

![Updated program working]

### Backrest frame and calf rest frame position adjust

<table>
<thead>
<tr>
<th>Buttons</th>
<th>Function Description</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Click this button, calf rest rise up slowly, stop when release it</td>
</tr>
<tr>
<td></td>
<td>Click this button, calf rest go down slowly, stop when release it</td>
</tr>
<tr>
<td></td>
<td>Click this button, back rest rise up slowly, stop when release it</td>
</tr>
<tr>
<td></td>
<td>Click this button, back rest go down slowly, stop when release it</td>
</tr>
<tr>
<td></td>
<td>Total with 3 modes for automatically lie down, every time with one mode when press the button</td>
</tr>
</tbody>
</table>
**Settings**

- **Language selection**
  Click “设置” icon into setting function interface, then click “语言” icon, popup language list box, select language type, the system with 3 language (simplified Chinese, traditional Chinese, English).

- **Volume adjust**
  Click “音量” icon into setting function interface, then click “音量” icon, popup volume adjust icon, click “音量+” or “音量-” to adjust the volume of the music.

<table>
<thead>
<tr>
<th>Buttons</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Start/exit</td>
<td>Start or exit app upgrade downloaded function</td>
</tr>
<tr>
<td>Auto massage program</td>
<td>Auto massage program No. Choice</td>
</tr>
<tr>
<td>Number selection</td>
<td></td>
</tr>
<tr>
<td>OK</td>
<td>Confirm download address</td>
</tr>
<tr>
<td>Testing</td>
<td>Intelligent terminal and the blue tooth of massage chair are in good connection</td>
</tr>
<tr>
<td>Path</td>
<td>Choose the downloaded app document (document.bin)</td>
</tr>
<tr>
<td>Upgrade program</td>
<td>Start to download app document</td>
</tr>
</tbody>
</table>

- **For example**: Currently required download App auto program "irestAuto1.bin" in A2 mode.
  - Confirm the intelligent terminal (smart phone or tablet) in good connection with the blue tooth of the chair in standby mode.
  - Open application program “设置” into setting function interface.
  - Click “服务” into auto-massage program update interface.
  - Click “音量” into auto program download number choice, click “确认” choose auto-massage program number (Remote controller screen display “A2” and “App”), click “确认” again.
  - Click “测试” test the connection between intelligent terminal and blue tooth of chair. Prompt window display “测试成功” when the connect is right, otherwise, it will display “测试错误”.
  - After test successfully, choose firmware path document, click “扫描” to choose irestAuto1.bin.
  - The last step is click “固件更新” into auto massage program update, the prompt window display “下载成功” (remote controller screen display “OK”) if updated finished, otherwise the it display “下载错误” to alarm updated failure. 

**App download**

- Massage chair in standby mode, confirm the intelligent terminal (smart phone or tablet) in good connection with the blue tooth of massage chair.
- Open application menu “设置”, choose “设置” into auto-massage program update interface.

**Wireless blue tooth music player operation**

- Audio devices with blue tooth function (such as mobile, MID, tablet) match with the chair blue tooth. The music transferred by the wireless blue tooth and played in the chair speaker.
- Audio device match with massage chair through blue tooth, please refer to above.
**End massage, power off**

- When the massage function in a state of start-up, click “massage on/off” will turn off all the massage function.
- Turn off power

*Diagram of the switch position of power supply  Method of turn off power*

**NOTED** The power cord can plug from the power outlet only after the chair power switch turn off

**Arm assembly installation**

1. Find out the plug respond to the arm rest on the bottom of the seat frame, and through out from the square hole which on the fixed steel board. (figure 1)
2. Draw out the plug from the square hole on the steel board, respond to every connecting plug (figure 2)

*Figure 1  Figure 2*

3. Draw out the plug on the bottom of the seat frame and connect with the arm rest joint, air pipe responded to the right place (figure 3)
4. After connect the responded connector, insert it gently through the square hole on the bottom of the seat frame, be careful not to fold the air pipe (figure 4)

*Figure 3  Figure 4*

5. As figure, the hook on the arm rest respond to the box on the fix board, the steel board respond to the groove of arm rest. (figure 5)
6. Hold the arm rest with your hands, the back armrest is higher than the front, front armrest pin respond to box on the front part of the steel board, (check the connect wire if it is inserted in to the bottom of armrest frame, avoid to get stuck), back armrest pin respond to box on bottom part of the steel board in turn, press down the back part of armrest to fixed two armrest top pin on the steel board. (figure 6)

![figure 5](image5.png)  ![figure 6](image6.png)  ![figure 7](image7.png)  ![figure 8](image8.png)  ![figure 9](image9.png)

7. Mount the arm rest to chair frame, the mounts for the arm should slide into their respective locations on the frame of the chair without applying force, press down slightly on the arm to lock into place, then press the armrest make sure the pin into the box on the fixed steel board, and pull it with your hand to check it is fasten tightly. (figure 7)
8. Find out the install hole on the front part of the fixed steel board, screw the screws with hex wrench. (figure 8)
9. Find out the install hole on the behind part of the fixed steel board, screw the screws with hex wrench, finish the installation, same installation of the two armrest. (figure 9)
The disassemble and using of pillow pad and back cushion

- Using head cushion can reduce knead massage strength for neck and shoulder, it all depends on you whether to use it (we suggest you using it). Head cushion and backrest are connection through a zipper (figure 1), upturn the back side of the head cushion, and put the AB flannelette inside of the head cushion insert the belt above the backrest (figure 2). Turn down the head cushion, put the back side lay on the backrest. It can adjust to a suitable position based on different size(figure 3).

Floor Protection

- Put the heavy massage chairs on the wood floor for a longtime may damage the floor, so please place a carpet or other object to avoid this damage.

Moving the chair

- Make sure all the wires are away from the floor, if you need to move, focus on the groove of the back cover, lift up to an angle (when the centre of gravity fall on the front caster), you can move the chair forward, then restore the chair to the normal angle.

Product specification

Model: SL-A86
Description: Massage Chair
Configure: 01
Rated voltage: 110-120V ~ 60Hz
220-240V ~ 50Hz/60Hz
Rated power input: 240W
Rated time: 20 Min
Noise: ≤58dB
Standby power: ≤0.5W
Safety Design: Class I

Material introduction: PVC, PA, steel parts and electric &ele-ctron parts

<table>
<thead>
<tr>
<th>MATERIAL</th>
<th>PU</th>
<th>LEATHER</th>
<th>CLOTH</th>
<th>WOOD</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>